

All B-Complex Item 4081 (Rev 6)

Supplement Facts

Serving Size: 3 Tablets

Servings Per Container: 91

Amount Per Serving		% Daily Value
Thiamine (from Thiamine Mononitrate, Molasses Culture)	6 mg	500%
Riboflavin (from Riboflavin, Molasses Culture)	7.5 mg	577%
Niacin (from Niacinamide, Molasses Culture)	60 mg	375%
Vitamin B6 (from Pyridoxine HCl, Molasses Culture)	9 mg	529%
Folate (as Folic Acid)	666 mcg DFE (400 mcg Folic Acid)	167%
Vitamin B12 (as Cyanocobalamin)	18 mcg	750%
Biotin (as D-Biotin)	100 mcg	333%
Pantothenic Acid (from Calcium Pantothenate, Molasses Culture)	30 mg	600%
Choline (as Choline Bitartrate)	225 mg	41%
Inositol	600 mg	†

† Daily Value Not Established

Other Ingredients: Stearic Acid, Mono- and Diglycerides, Microcrystalline Cellulose, Croscarmellose Sodium, Magnesium Stearate, Ethylcellulose, Food Glaze, Hydroxypropylcellulose, Silicon Dioxide.